

Over Fifty Fitness Price Guide, effective May 1, 2022

Standing Appointments

Privates

| W/House Account | Instructor | Senior Instructor |
|-----------------|------------|-------------------|
| 60 Minutes | \$ 62.00 | \$ 76.00 |
| 45 Minutes | \$ 54.00 | \$ 62.00 |
| 30 Minutes | \$ 35.00 | \$ 44.00 |

Duets (price per person)

| W/House Account | Instructor | Senior Instructor |
|-----------------|------------|-------------------|
| 60 Minutes | \$ 47.00 | \$ 61.00 |
| 45 Minutes | \$ 41.00 | \$ 52.00 |
| 30 Minutes | \$ 33.00 | \$ 40.00 |

Trios/Quartets/Quintets (price per person)

| W/House Account | Instructor | Senior Instructor |
|-----------------|------------|-------------------|
| 60 Minutes | \$ 34.00 | \$ 44.00 |
| 45 Minutes | \$ 32.00 | \$ 40.00 |
| 30 Minutes | \$ 30.00 | \$ 37.00 |

Group Classes

Mat w/small props

| | With House Account | Single Class |
|------------|--------------------|--------------|
| 60 Minutes | \$ 20.00 | \$ 24.00 |

Reformer & equipment based classes

| | With House Account | Single Class |
|------------|--------------------|--------------|
| 60 Minutes | \$ 32.00 | \$ 39.00 |

New Journey Package

For new customers. Our \$150 New Journey Package includes 3 one-hour private or semi-private sessions with an Over Fifty Fitness instructor. Your private sessions provide an opportunity for us to learn more about you, and to share with you our approach to training that is goal oriented, functional, and tailored to your needs.

The House Account

The House Account is like a checking account with benefits. When you deposit \$500 to your house account, you automatically receive a 20% discount off the single session rate for any type of appointment or group class. Your instructor debits your appointments or classes one at a time and all unused funds are fully refundable up to 6 months after your last visit.



OVER FIFTY FITNESS

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